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BIOGRAPHY | CREDENTIALS | MEMBERSHIPS | RECOGNITION | PRESENTATIONS | PUBLICATIONS | IN THE PRESS

Biography

Abtin Mehdizadegan is a Partner in our Little Rock, Arkansas, office and represents employers in traditional labor and employment law matters. He has extensive, high-stakes experience defending businesses in class and collective action lawsuits, employment and wage and hour lawsuits, labor grievance and arbitration proceedings, individual and systemic proceedings before the Equal Employment Opportunity Commission (EEOC), unfair labor practice charges before the National Labor Relations Board (NLRB), federal wage and hour audits involving the Department of Labor's Wage and Hour Division (DOL/WHD), unemployment appeals, business disputes, products liability defense, and constitutional law litigation.

He has successfully handled appeals before the Supreme Court of Arkansas and the Fifth and Eighth Circuit Courts of Appeal, dozens of lawsuits at the district court level, and serves as an Adjunct Professor teaching Employment Law at the University of Arkansas Little Rock Bowen School of Law.

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Services

Arbitration & Mediation

Business Litigation

Data Privacy & Cybersecurity

Entertainment

Labor & Employment

RATED BY Super Lawyers

Rising Stars

Abtin Mehdizadegan

SuperLawyers.com

Clients routinely engage Abtin to conduct comprehensive employment law counseling and training to their workforces; to develop policies and handbooks; and to assist businesses with matters pertaining to affirmative action and diversity, equity, and inclusion. Abtin's clients are leaders in a range of industries across the private, public, and non-profit sectors, including health care, surface and air transportation, cybersecurity, banking and FINRA-regulated industries, agriculture, retail, higher education, and insurance. He is particularly capable in handling matters involving sophisticated technologies given his prior experience for a leading computer and software manufacturer.

In addition to his trial and appellate work, Abtin's daily practice revolves significantly around providing advice and counsel to Boards of Directors, C-Suite Executives, HR Leaders, and In-House Counsel on a broad range of employment issues providing practical problem-solving solutions. Additionally, he is an experienced and effective workplace investigator, and he regularly conducts outside investigations into allegations of employee misconduct, harassment, discrimination, retaliation, or other sensitive issues. He similarly provides advice and counsel regarding compliance with the Family and Medical Leave Act, Americans with Disabilities Act, Title VII and Title IX, the Equal Pay Act, the Fair Labor Standards Act, and the Office of Federal Contract Compliance Programs' (OFCCP) regulations pertaining to government contractors and subcontractors.

Given his commitment to excellence in the practice of law, Abtin was honored to receive the Friend of SBS Award (2023) for his successful handling of high-stakes litigation; the Spirit of Maine Achievement Award (2019) from the University of Maine, his alma mater, for his professional accomplishments; and the Pro Bono Attorney of the Year Award (2017) from the Center for Arkansas Legal Services for his successful Supreme Court litigation that established important constitutional protections in child guardianship proceedings for domestic violence survivors. Abtin's accomplishments have also been recognized for several years by the Mid-South Super Lawyers for his dedication to employment law; *Arkansas Business* magazine as a member of its class of 20 in their 20s, the New Influentials; by *HR Professionals* magazine as a Rising Star in Employment Law; and by *Arkansas Life* magazine in its Top Attorneys feature.

Credentials

Admitted

State Courts:

- Arkansas
 - Supreme Court

U.S. District Courts:

- U.S. District Court for the Eastern District of Arkansas
- U.S. District Court for the Western District of Arkansas
- U.S. District Court for the Western District of Texas

U.S. Courts of Appeals:

- U.S. Court of Appeals for the Fifth Circuit
- U.S. Court of Appeals for the Eighth Circuit

Education

- J.D., with honors, University of Arkansas at Little Rock
- B.A., cum laude, Political Science, University of Maine

Memberships

- American Bar Association
- Arkansas Association of Defense Counsel
- DRI
- National Association of Railroad Trial Counsel
- Pulaski County Bar Association
- Volunteer Organization of Central Arkansas Legal Services
- William R Overton American Inn of Court

Recognition

- The Best Lawyers in America®, Best Lawyers®, 2021-2026
 - Awarded in: Employment Law Management, Labor Law - Management, Litigation - Labor and Employment
- Mid-South Rising Star, Super Lawyers®, 2018-2025
- Friend of SBS, SBS CyberSecurity, 2023

More +

- Spirit of Maine Award, 2019
- Pro Bono Attorney of the Year, Center for Arkansas Legal Services, 2017
- 20 in their 20s, the New Influentials, Arkansas Business
- Rising Star, Employment Law, HR Professionals
- Top Attorneys, Arkansas Life

Presentations

• An Afternoon in HR

HBS Helping Businesses Succeed Series; September 21, 2023

Publications

- Navigating the Changing Landscape of Labor Relations: An Update on Recent Developments for Employers
 - HBS Employment Updates Blog; November 16, 2023
- Supreme Court Rejects "De Minimis" Standard in Determining Whether a Religious Accommodation Constitutes an Undue Hardship
 - HBS Employment Updates Blog; July 6, 2023
- In The Weeds: Approaches to marijuana in the workplace in a post-pandemic labor market HR.com; March 31, 2023
- Federal Contractors Beware: EEO-1 Data Will Be

Released by OFCCP if Contractors Fail to File Objections by March 3

HBS Employment Updates Blog; February 27, 2023

More +

• Is Your Website ADA-Accessible?

HR Professionals, February 2017

• The Future of ADA Litigation

Arkansas Law Notes, 2016

 No Good Deed Goes Unpunished: the Do's and Don'ts of Employee Wellness Plans

HR Professionals, October 2014

 Bringing Home the BACON: What the Davis-Bacon Act Means for your Business

HR Professionals, June 2014

 An Overview of the Employment Non-Discrimination Act of 2013

HR Professionals, November 2013

 Case Note, Proactive Cell Phone Security Policies in the Workplace: Avoid Liability as Hi-Tech Devices Hack Confidentiality

35 University of Arkansas Little Rock Law Review 1, 2013

 Case Survey, Voters Have the Right to Cast Open or Secret Ballots: Hamaker v. Pulaski County Election Commission

2011 Arkansas 390 (2011), Arkansas Bar Newsletter, December 2012

In the Press

HBS Attorneys
Selected to the
2025 Mid-

South Super Lawyers and Rising Stars Lists

November 20, 2025

Hall Booth Smith congratulates its attorneys named to the 2025 Arkansas and Tennessee Super Lawyers and Rising Stars lists for excellence across key practice areas.

Read Full Article

HR.com: Abtin Mehdizadegan on 2025 Trends in Employment Law

April 10, 2025

In a recent HR.com article, Partner Abtin Mehdizadegan explored the five of the most consequential developments expected to shape employment law in 2025.

Read Full Article

HR Daily
Advisor: Abtin
Mehdizadegan
& Joseph
Kraska on
Navigating the
DOL Rule
Struck Down
by a Texas
Court Under
the FLSA

January 3, 2025

Abtin Mehdizadegan and Joseph Kraska guide employers in HR Daily Advisor on navigating the DOL rule struck down by a Texas court under the FLSA.

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Federal Court
Blocks
Controversial
Corporate
Transparency
Act

December 16, 2024

On December 3, 2024, the U.S. District Court for the Eastern District of Texas issued a landmark decision enjoining the enforcement of the Corporate Transparency Act (CTA). In Texas Top Cop Shop, Inc. et al. v. Garland et al., the court held that the CTA, which requires extensive disclosure of beneficial ownership information, likely exceeds Congress's constitutional authority. The ruling prevents implementation of the Act and its accompanying regulations nationwide, and corporate finance teams that were feverishly working to meet the January 1, 2025 compliance date can enjoy a moment of respite.

Read Full Article

Federal Court
Blocks
Controversial
New U.S.
Department of
Labor Rule
Requiring
Substantial

Increases in Exempt Employees' Salaries

November 22, 2024

On November 15, 2024, in a significant ruling that will impact employers across the nation, the U.S. District Court for the Eastern District of Texas struck down the U.S. Department of Labor's (DOL) new rule that would have required employers to increase the salary-basis threshold under the Fair Labor Standards Act (FLSA). In light of

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HBS Attorneys Recognized in 2024 MidSouth Super Lawyers Awards

November 21, 2024

HBS has been recognized for its outstanding legal work as 10 of its attorneys are selected to the 2024 Mid-South Super Lawyers and

Rising Stars lists.

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58 HBS
Attorneys
Recognized as
The Best
Lawyers in
America®
Award
Recipients

August 16, 2024

Hall Booth Smith, P.C. is pleased to announce that 58 lawyers have been included in the 2025 edition of The Best Lawyers in America®

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HBS Attorneys
Recognized in
2023 MidSouth Super
Lawyers
Awards

November 28, 2023

HBS has been recognized for its outstanding legal work as

10 of its attorneys are selected to the 2023 Mid-South Super Lawyers and Rising Stars lists

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Navigating the Changing Landscape of Labor Relations: An Update on Recent Developments for Employers

November 16, 2023

In a world where the only constant is change, the realm of labor relations and employment law is no exception. The landscape is continually reshaped by new regulations, technological advancements, and shifting societal norms. For employers navigating these turbulent waters, staying informed and agile is not just advantageous, it's essential. This article delves into three

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55 Hall Booth
Smith Lawyers
Recognized as
2024 Best
Lawyers®
Award
Recipients

August 21, 2023

We're pleased to announce that 55 lawyers have been included in the 2024 edition of The Best Lawyers in America®.

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Supreme
Court Rejects
"De Minimis"
Standard in
Determining
Whether a
Religious
Accommodatio
n Constitutes
an Undue
Hardship

July 6, 2023

On June 29, 2023, the
Supreme Court of the United
States issued a landmark
decision in Groff v. DeJoy,
Postmaster General that will
require employers nationwide
to rethink the approach to
religious accommodations
under Title VII of the Civil
Rights Act of 1964. This case
involved an Evangelical
Christian who refused to work
on Sundays

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HR.com: Abtin
Mehdizadegan
on Substance
Abuse Policies
in Context of
Marijuana
Legalization

April 17, 2023

In an article published on March 31, 2023, in HR.com's HR Legal and Compliance, Little Rock Partner Abtin Mehdizadegan discusses how employers need to reconsider their substance abuse policies and compliance efforts under the Americans with Disabilities Act (ADA), especially to keep up with the changing landscape of

marijuana legalization. Until a national standard is

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Federal
Contractors
Beware: EEO-1
Data Will Be
Released by
OFCCP if
Contractors
Fail to File
Objections by
March 3

February 27, 2023

Written by: Abtin
Mehdizadegan, Esq. As many
contractors are aware, the
Office of Federal Contract
Compliance Programs
(OFCCP) received a Freedom
of Information Act (FOIA)
request from the Center for
Investigative Reporting
seeking Type 2 EEO-1 Report
data from 2016-2020 for all
federal contractors and firsttier subcontractors. EEO-1
reports contain over 180
different data points

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HBS
Welcomes
Three
Partners as It
Expands Its
Immigration &
Employment
Practices

February 14, 2023

LITTLE ROCK, ARKANSAS –
February 14, 2023 – Hall
Booth Smith, P.C. is excited to
add seasoned attorneys Misty
Wilson Borkowski, George
Ernst, and Abtin
Mehdizadegan from Little
Rock, Arkansas, as the firm
grows its immigration and
employment practice groups.
Immigration & Employment
Practices Grow Misty, George,
and Abtin join HBS as
partners and will

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